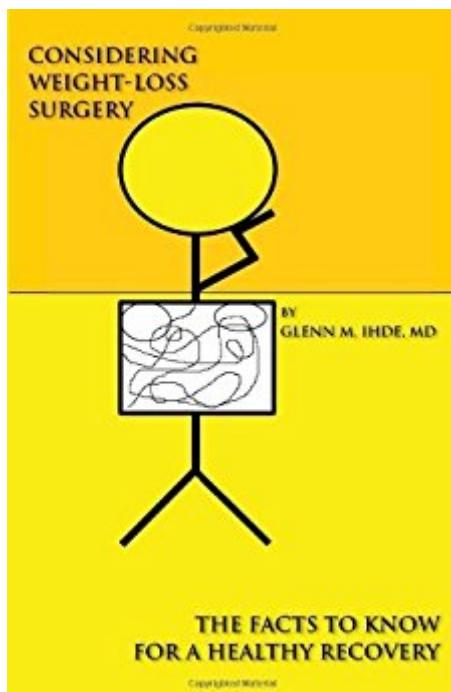


The book was found

Considering Weight-Loss Surgery: The Facts You Need To Know For A Healthy Recovery



Synopsis

Review the risks associated with weight-loss surgery and what you should expect from the surgery and during recovery. Understand the benefits you will gain from loosing weight, improving your health and increasing your abilities.

Book Information

File Size: 819 KB

Print Length: 128 pages

Publisher: Trafford Publishing (July 6, 2006)

Publication Date: July 6, 2006

Sold by: Digital Services LLC

Language: English

ASIN: B000PY4JOO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #1,205,798 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #60

in Books > Medical Books > Medicine > Surgery > Laparoscopic & Robotic #782 in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Surgery #2594 in Books > Medical Books > Medicine > Surgery > General Surgery

Customer Reviews

The review on here doesn't do this book justice. It has information on the entire WLS process. From the preparation before the surgery, what problems can come up after surgery (such as blood clots), and nutrition information that is useful after surgery. There is also a section of a "shopping list", things you need to have on hand when you come home from the hospital. I am preparing to have RNY surgery and I am glad to have this book to help prepare myself and my home for life after surgery!

very informative & well written tells a lot about RNY surgery and what to expect after it's done please read this book

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